



# AIR FORCE BAL BHARATI SCHOOL

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## CIRCULAR

Dear Parents,

1. It has been observed that the cases of students suffering from cold, cough, pain throat and fever have been increased in recent days which might be the symptoms of Swine Flu which is prevalent in Delhi these days.

2. Swine Flu is a type of seasonal flu virus. Following are the signs and symptoms of a Swine Flu:

- (a) Cold, Cough
- (b) Fever
- (c) Pain throat, sore throat
- (d) Headache, body ache
- (e) Nausea, vomiting
- (f) Giddiness
- (g) Difficulty in breathing
- (h) Feeling weak and fatigued

3. Swine Flu is a communicable disease and spreads very fast among children.

4. Below mentioned are Do's and Don'ts during a viral illness.

### **Don'ts**

- (a) Not to send the child to school till fully recovered.

### **Do's**

- (a) If symptoms persist, take the child for further treatment and care, hospital consultation if required.
- (b) Feedback to school's medical team in case any significant positive result comes.
- (c) Educate your child to cover his face while coughing and sneezing.
- (d) Encourage the children to use face masks.

5. Your kind co-operation in the above matter is solicited.



(Sunita Gupta)  
Principal

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