



COUNSELLING UNIT

REPORT ON GROUP GUIDANCE SESSION FOR PARENTS AND STUDENTS OF CLASSES 10TH AND 12TH

A group guidance session was organised for students of classes 10th and 12th and their parents, by the School Counsellor, Ms. Ritu Johari, to facilitate students perform to the best of their abilities in the Board Examination .

The details of the sessions were as follows:

Date of Seminar : 04-Nov-2023 (Saturday)

Venue: Tejas Hall, AFBBS

Timing: 8:45 am- 11 am

Session1 : Topic – Effective Exam taking strategies, good studying tips, time and stress management was taken by Mr.Aditya Goswami , MBA and career counselling expert

Session 2 : Topic: Implication of Board Examination on future career prospects, career planning and higher education was taken by Mr.Nitin Vasant Jaipuria , an IIM Ahmedabad alumini and co founder of I Step organisation.

The session witnessed an active participation of thought sharing by the speakers , students and parents.The students were given good studying tips like making short notes, revision strategies, time management, making a realistic study schedule, practice previous year question papers, healthy lifestyle etc.

The sessions were found very useful by both parents and students.













Ms.Ritu Johari

Counsellor

AFBBS