

Children Sports Festival – Azaadi Ka Amrit Mahotsav



Children sports festival was celebrated in Air Force Bal Bharati School (Junior wing) where children participated in various outdoor and indoor games. Here is the brief report of the activities conducted:

1.) Indoor Games: Board games

A simple way to get quality, screen-free time with the kids in the RC class.

Board games are an easy way to encourage healthy brain development in younger kids. Strategy games like chess and carrom are useful in helping the frontal lobes of the brain develop. Those frontal lobes are responsible for executive function skills, which include planning, organizing, and making good decisions.

These games help young players identify colors, count spaces, and develop hand-eye coordination and dexterity in moving pieces around the board. Plus, learning to wait your turn and follow the rules are important lessons that serve kids far beyond the living room floor.

Students of Junior Wing of Classes 3 ,4 and 5 enjoyed playing **Chess and Carrom** as a part of Sports Festival under the “Azaadi Ka Amrit Mahotsav”.









2.) OUTDOOR GAMES

- Journey of thousand miles begins with a single step.
- This festival was organized in our school from 24th April to 27th April'23 under the Azadi ka Amrit Mahotsav Campaign.

Air Force Bal Bharati School Lodi Road has celebrated 999 campaign in which we have covered many outdoor sports like **Long Jump, Marathon (2-5 Kms), 4X100 M. Relay, 100 M. sprint, Basketball, Badminton, Dodgeball and traditional games like Kabbadi, Kho-Kho and Tug of war.** Our students participated with a great enthusiasm. In total there were about 600 students have participated in this event in which approximately 300 girls and 300 boys participated.













