



श्रमदान

Shramdaan is a way of helping our community and contributing to help and change the environment around us for better. The concept of Shramdaan has been prevalent for a long time in India and it instils simplicity in the minds of every citizen, freedom from the complexity of the thoughts and the importance of cleanliness and green environment.

All the primary students of the junior wing of **AIR FORCE BAL BHARATI SCHOOL** participated in an hour long 'ShramDaan' activity with smiling faces and great enthusiasm on the last working days of second and fourth week. The children were engaged in cleaning up the school campus. The motto of this activity was to create a sense of health & hygiene among them & make them self-dependent at the same time. All the students whole heartedly promised to keep their school and all surroundings neat and clean.

Here is class-wise report of the various activities conducted:

Class UKG

Class UKG students observed Shramdaan Hour on 13th of April. Children were encouraged to bring self cooked items like sandwich, fruit salad, rolls etc. They lend a hand to parents in packing their own tiffins.





Class UKG students observed Shramdaan Hour on 29 of April too. Children were taught importance of keeping the environment clean. They took part in cleaning their desk, chair and classroom enthusiastically.





Class 1

Shramdaan Hour was organised on 13th April on the theme SELF COOKED FOOD. Children of class 1 prepared sandwich and lemonade under the supervision of their elders and shared with their classmates. This activity was conducted to inculcate the values of helping and sharing among the students.





Shramdaan Hour was also organised on 29th April under Ek Bharat Shresth Bharat programme on the theme of CLEANLINESS DRIVE.

The main purpose of this Cleanliness Drive was to create awareness among the students about hygiene and hygienic practices and to make cleanliness their regular habit.

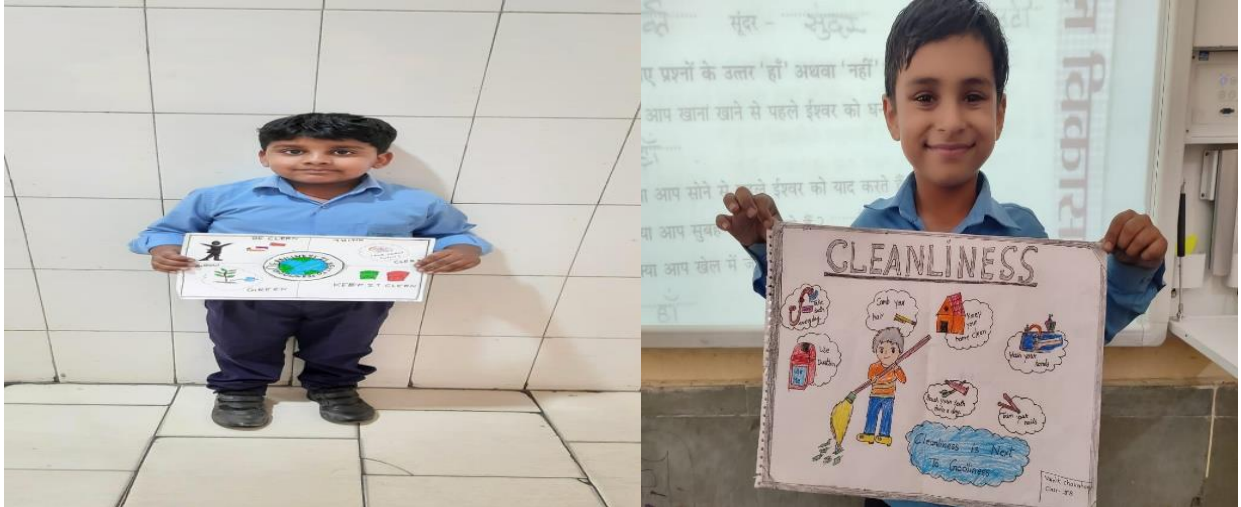
Some of the class 1 students did the dusting of their rooms. And others cleaned their tables and chairs.





Class 2

Shramdaan Hour was organised on 13.04.23. The activity Poster Making for Class 2 on the topic- “Cleanliness and Good Hygiene” was conducted in the classes. The importance of maintaining good hygiene and the fact of cleanliness being next to Godliness was discussed with the children. The students made colourful and meaningful posters on the given theme.



Class II students observed Shramdaan Hour on 29th of April 2023 too. Children were encouraged to bring self cooked items like sandwich, fruit salad, rolls etc. They lent a hand to parents in packing their own tiffins and sharing it with their classmates in the school. The children learnt important virtue of being loving, sharing, caring and being self reliant.



Class III students also observed Shramdaan Hour on 29th of April 2023. Children were encouraged to bring self cooked items like sandwich, fruit salad, rolls etc. They lent a hand to parents in packing their own tiffins and sharing it with their classmates in the

school. The children learnt important virtue of being loving, sharing, caring and being self reliant.



SHRAMDAAN HOUR BY CLASS-3

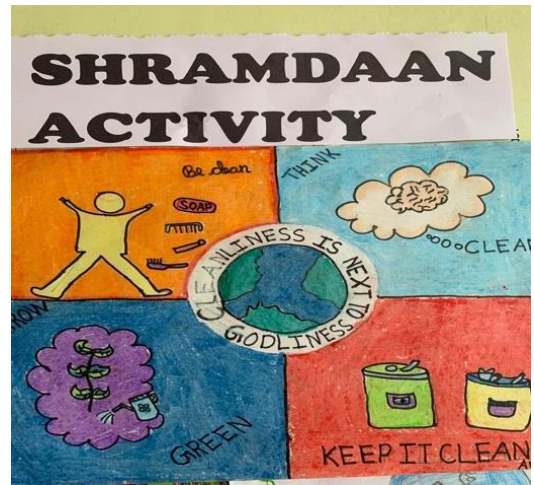
Shramdaan is a term that refers to voluntary work that is performed by individuals for the betterment of society. On 13th April class -3 students were engaged in a Shramdaan activity by creating posters on cleanliness and good hygiene.

The students started by discussing importance of cleanliness and good hygiene in their daily lives.

After the discussion students started working on their posters. They used simple language and bright colours to convey their message. Once the posters were complete, the students displayed them in their classrooms.

In conclusion this activity was a great way for them to learn the importance of cleanliness and good hygiene and to promote these values in their society.





Class – 4 and Class 5

Shramdaan is made of two words. Shram means Labour and Daan means to donate. Students offered Shramdaan to clean their table, chair and classroom .They did this activity in true spirit to contribute to protect our environment





Clean and green not only rhymes well but surely is the perfect dream. So to fulfil this dream shramdan hour was also organised on 29 /4/23.

This activity of poster making for classes 4 and 5 on the topic ' cleanliness and good hygiene ' was organised in the classes followed by the discussion. All posters were unique- so colourful, vibrant and appropriate. Shramdan is doing wonders.

The children not only learnt the value of keeping their surroundings clean but also presented how to keep their body clean for a better and healthy living .

श्रमदान है महादान । इससे होगा हम सब का जीवन महान।





